

THINGS TO DO CLOSE TO PODERE MARELLA CASTIGLIONE DEL LAGO (UMBRIA REGION)

The region is among the richest in the world for its natural and cultural heritage. It offers numerous attractions when it comes to art, shopping, wine tasting, cycling, guided tours, cuisine, music and photography.

Most destinations are located a short distance from Podere Marella and they are easily reachable by car thanks to the highway that is 5-minute driving from the Podere and that goes through Umbria and Tuscany.

Here, a taste of the numerous activities to do nearby Podere Marella

- For a journey through time, you can visit splendid **ancient villages** where you can find Italian masterpieces that characterize more than 3000 years of history, from the Etruscan time to the modern era. Castiglione del Lago, Cortona, Montepulciano, Chiusi, Panicale, Pienza, Cetona, Città della Pieve, Assisi, Bevagna, Orvieto, Gubbio, Todi, Spoleto, just to name a few. Also Arezzo and Perugia, with their incredible historic and artistic heritage are easy to reach, as well as Siena, Florence and Rome that are located 2-hour driving from the Podere.



- If you get tired of swimming in the pool, the closest **beach** is on **Trasimeno Lake**, 6 km from the House, whereas at Castiglione del Lago and in other close towns you can find water sports facilities. The seaside is not far, too: both the Tyrrhenian and the Adriatic coasts are less than 2 hours away. The islands of Trasimeno, Maggiore and Polvese lakes are oasis of peace and beauty. You can reach them by ferryboat from Tuoro and Passignano. A great idea for a sunny day trip.

- Not everyone knows that the region of Umbria is the native region of many **masters of the art** of the XX century: Gino Severini was born in Cortona; the home of Alberto Burri is at Città di Castello where you can find a great collection of his works at Palazzo Albizzini and at Ex Seccatoi del Tabacco, a large converted shed where used to have its atelier.

- For a day at the **spa**, you can choose among Chianciano Terme, Bagno Vignoni, Rapolano Terme, Bagni San Filippo and San Casciano dei Bagni.

- As far as **county fairs** concern, they take place during the whole summer: don't miss them! It's a wonderful occasion to live the real Umbrian life and taste its gastronomic specialties. Throughout the year, many other **international festivals and exhibitions** take place: Umbria Jazz, Music



Festival of Spoleto, Cortona on the Move and the international Antiques Fair of Cortona. The Antiques Fair of Arezzo is among the most popular ones in Italy: it takes place in the old town every first weekend of each month and there you can find more than 500 stands.

- If you feel like going **shopping**, in addition to numerous high-quality **wine cellars and oil-mills**, the area is rich in local artefacts, most of all hand painted ceramics and fabrics. Close to Valdichiana, there is a big Outlet Village with many shops of Italian and international brands.

Fashion lovers will be happy to know that many Italian brands are based in Umbria and Tuscany: Prada, Gattinoni, Dolce e Gabbana, Valentino.



- In the area, there are numerous **golf** courses. The most famous one is Golf Club Antognolla with 18 golf holes at San Giovanni del Pantano; a hilly course designed by Robert Trent Jones jr in the park of the medieval castle of Antognolla. Other places are Golf Club Valdichiana - 9 holes in Bettolle, Golf Club Lamborghini - 9 holes in Panicarola, and Golf Club Perugia - 18 holes in Ellera Umbra.

- If you are in Umbria during the winter season, the **ski** resorts of Monte Amiata (Cantore, Marsiliana, Macinaie and Contessa - 12 km of ski slopes, 2 chairlifts, 10 ski lifts and 2 cross-country ski runs) are only 65 km away. This is a dormant volcano with easy ski slopes, perfect for the family.

- Many other **sports** can be practiced locally, from sailing to water skiing, cycling and horse riding. Podere Marella's manager is happy to give you further information!

- In Ferretto, Francesca, the excellent chef-patron of the **restaurant** La Casa di Francesca, organises cooking classes during which you can learn how to cook regional specialties with local ingredients.